



**McDOUGAL**  
SEWING CENTERS  
SINCE 1940

# SERVICE PROJECT PILLOW

## For one pillowcase:

- 3/8 yard for pillowcase band
- 7/8 yard for pillowcase body



## Finished pillowcase:

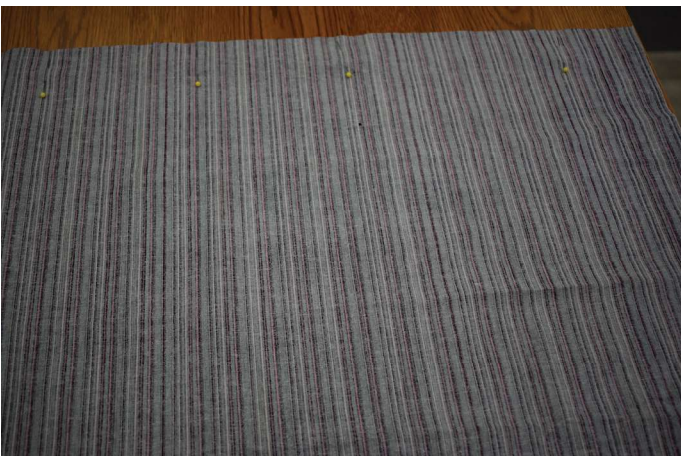
- 30" x 20" fits a standard-size bed pillow
- Quantities are for 44/45" wide cotton fabric



1. For band fabric cut 1- 10" x 41" strip (solid pink in sample)  
For pillowcase body cut 1- 26 1/2" x 41" rectangle (stripe in sample).



2. Place solid pink strip right side up on work surface.  
Matching up long edges, place stripe fabric right side down on top of pink strip.



3. Pin edges if desired.



4. Beginning at the lower long edge, roll the stripe fabric rectangle toward the pink strip. Stop rolling when you reach a point about halfway up the pink strip. The upper raw edges should still be aligned.



5. Wrap the pink strip around the rolled striped fabric to form a tube. Pin the three raw edges together, making sure the rolled rectangle portion does not get pinned.



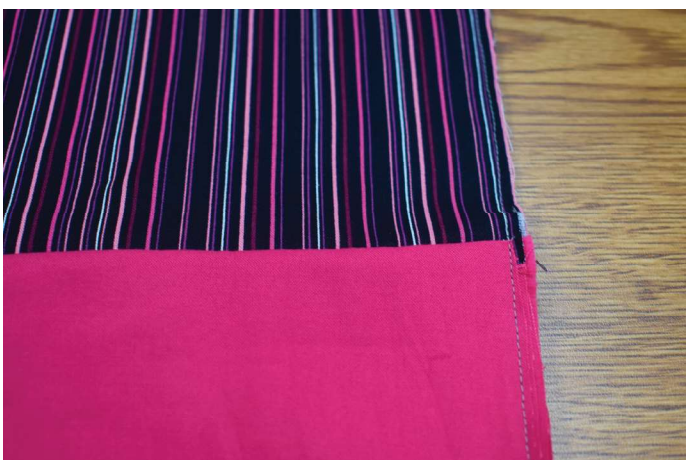
6. Sew pinned edges together with a 1/2" seam allowance.



7. As if you were pulling a sleeve from a seater, pull the stripe fabric from the tube. This will turn the pink band right side out and encase all seams.



8. Press the band flat with seam allowances going toward the band. Turn over and press opposite side.



9. To complete finish it with French seams. With WRONG sides together and a scant 1/4" seam sew the long side and bottom of pillowcase. Trim excess and turn so that RIGHT SIDES are together.



10. With RIGHT sides together press the seam allowance flat. For best results you might need to roll the seam between your fingers to nudge it to the edge prior to pressing. Now sew the long edge and bottom of pillowcase enclosing the seam previously sewn. Turn right side out and now you have a completely fray-free pillowcase.



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