

Face Mask Instructions

For a Sewing Machine

We are all changing the way we live as a result of the COVID-19 Pandemic. You can help protect yourself, family, friends, and others by donating facemasks to those in need. All you need is a sewing machine and supplies.



Supplies

- Sewing Machine
- Polyester sewing thread. Polyester because it will withstand lots of washing.
- 2 pieces of 100% cotton quilting fabric 9" x 6" (use different fabric so that you can tell the front from the back of the mask)
- 1 piece of flannel fabric 9" x 6"
- 2 pieces of 1/4", 1/8" or rope elastic cut 7" long.

Note: Secure stitching with Tie On and Tie Off or backstitch at the beginning and end of stitching.

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Construction

1. Place the flannel fabric right side up on table.
2. Place the front fabric right side up on top of the flannel.
3. Mark $\frac{1}{4}$ " from each corner of the fabric on the short side
4. Place the end of the elastic below the mark with elastic on top of the fabric with the end at the edge of the fabric.



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5. Use running stitch or stretch knit stitch to secure elastic $\frac{1}{4}$ " from edge of fabric. **HINT:** When stitching sew with the needle down. Then stop, pivot or lift presser foot and turn the facemask so that it is stitching back over the elastic. Then stop, and turn again. Tie on and tie off your stitching.



6. Fold the other edge of the elastic to the bottom mark on the same side of the fabric to make a loop on top of the fabric.



7. Stitch the other piece of elastic to the other short side of the facemask.



8. Place the back fabric right side **down** on top of the fabric sandwich.



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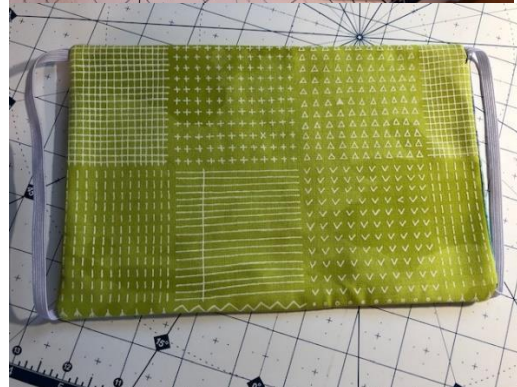
9. Starting at the bottom, stitch with a $\frac{1}{4}$ " seam allowance around the facemask. Leave a $2\frac{1}{2}$ " opening at the bottom so that you can turn inside out.



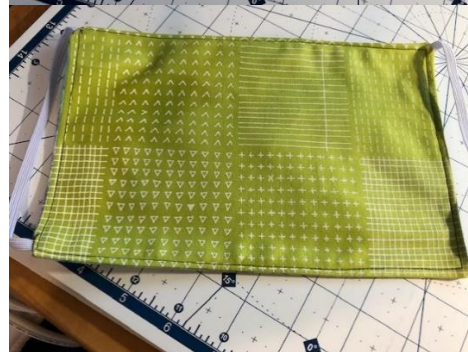
10. Clip the corners to reduce fabric bulk.



11. Turn the fabric right side of the front and back fabrics are out and press the facemask.



12. Stitch around the edge of the facemask to close the hole and to secure all layers together. Hint: Get close to the edge of the mask. Move your needle position to 3.0 to the right of center. Then I line up the mask on the $\frac{1}{4}$ " mark to sew.



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13. Fold the facemask in half, Press the fold to make a crease.



14. Fold each finished edge towards to touch the crease and press the folds.



15. Open out the fabric. You will have 3 creases.



16. Fold the fabric down about ¼" along each of the creases to form a pleat. Pin or clip each pleat.



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17. Sew a bean stitch or running stitch (stitch twice) inside the previous stitching line. Remove pins before you stitch each pleat. HINT: Make sure that your foot is entirely on the fabric since you are going over the pleats. Stitch with the pleats going down, rotate the fabric when the left side of the facemask where the pleats are going up.



18. To tighten up the nose so that it is more comfortable to wear. Fold the mask in half and stitch $\frac{1}{4}$ " from folded edge for $\frac{1}{2}$ ".

