



## Stretch Sewing Techniques Supply List

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### **Sewing Machine, bobbin and thread Sewing kit**

**Please Pre-cut your t-shirt! Bring your t-shirt already cut out, with the pattern pieces still pinned on. Also bring a few scraps to practice on.**

**Pattern: kwik sew #3045 or New Look #6404** or any simple t-shirt pattern with a neckband.

**Fabric: sweatshirt fabric, french terry, interlock** or similar one-way stretch fabric for the size you are making. If you stretch the cut end of the fabric and it curls a lot the fabric will be more difficult to work with.

Purchase amount for the size you plan to make

**Ball point needle** size 80/12 will work for the recommended fabrics

**Thread to match Normal Sewing Supplies in your sewing kit including pins, scissors, machine with power cord and foot control**