

SUPPLY LIST AND PREP FOR FLOWER POUNDING + PIPING

Key Materials &

- Fabric: Natural fibers such as cotton, muslin, silk, or linen, pre-washed. We have 100% cotton Tea Towels you can purchase for \$5 if you prefer.
- Flowers/Leaves: High-pigment plants like coreopsis, marigolds, geraniums, pansies, and ferns.
- Tools: A rubber mallet or hammer. Cover bunt of hammer with padding.
- At your home- A solid chopping block or scrap wood covered in cloth. We'll use cardboard in class.
- Masking tape to hold petals, wax paper or plastic sheeting to cover petals while hammering.
- Fine black permanent marker to draw outlines and a stiff paint brush.
- Alum- found at Grocery stores and Walmart and Amazon. This helps hold the dye longer. **This is Optional! You do NOT have to do this to learn the technique.**



Preparing the fabric: This is optional! You do not need to do this to learn the technique. This process keeps the dye longer on the fabric.

- 1.) Prewash your fabric to remove the sizing, using regular laundry detergent and 2 tablespoons of washing soda. Washing soda can be found in most laundry sections. Arm and Hammer has one called a laundry booster. Rinse several times to ensure that all the washing soda is rinsed out.
- 2.) Soak the fabric in a bucket for two hours, in a mixture of 2 cups of hot water, and ¼ cup alum, per yard of fabric.
- 3.) Add 1 tsp washing soda in ½ cup hot water(dissolve in the hot water before adding to the bucket) per yard. Let this set overnight (at least 8 hours).
- 4.) Wring out the fabric, and let it dry naturally. DO NOT RINSE OUT. Your fabric can now be ironed and cut into whatever size you would like to work with.

SUPPLIES FOR PIPING

1. Mini piping foot.
2. Thin cord and fabric to cover the cord. I used a 1mm cord used for Roman Shades. It's very thin and fits great in the presser foot. We have mini piping feet to borrow for most models of machines.
3. Machine in good working order with usual sewing supplies.
4. Regular sewing thread with matching bobbin. Size 12 Universal needle.